SMEAR EVERY 3 YEARS I WOMEN AGED 25 UP TO 29 YEARS



You will receive an invitation by post if your last smear test was more than 3 years ago.

2 MAKING AN APPOINTMENT WITH THE DOCTOR



Make an appointment with your GP or gynaecologist for a smear test. For the appointment, choose a day when you are not menstruating.



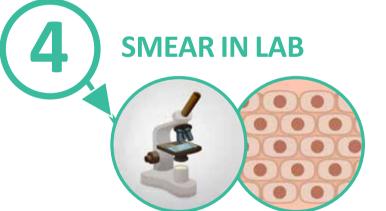


Go to the toilet first.

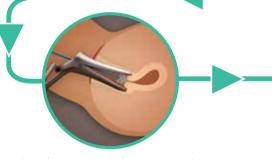
The doctor calls you in when it is your turn.

Undress from the waist down.

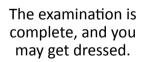
Lie on the examination table with your legs in the supports.



In the lab, the lab technician looks at the cells under the microscope.

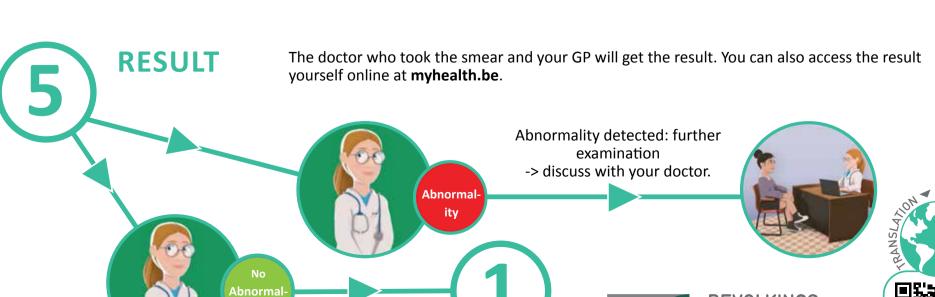


The doctor gently inserts the duckbill into your vagina, takes some cells from your cervix with a brush and takes the duckbill out again.



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No abnormality: have another smear after three years.